



## **DENTAL SERVICE CENTER**

Post Office Box 3907 • Gardena, CA 90247-7599  
Phone: 888-293-4903 • Fax: 310-323-7881

### **Welcome to the 2012-2013 Dental and Vision Care plan Enrollment Season!**

Did you know you can get quality, affordable **dental and vision coverage** for yourself *and your family* and **children** can now be on your plan until age **26** with **no student verification**. Just enroll in any of the *voluntary* options below during this annual, limited **open enrollment period**. When we receive your enrollment **no later than June 8, 2012**, your coverage will take effect **on July 1, 2012**. If you have, questions call us toll-free **1-888-293-4903 option 4**.

### **Choose a dental care plan from CIGNA and vision care coverage through VSP!**

#### **Maximize savings with the CIGNA Dental Care® (DHMO) plan.**

Why pay more than you have to for dental care? The CIGNA DHMO plan has comprehensive coverage, including orthodontic coverage for both children and adults. With the DHMO plan, you choose a primary dentist from the network at enrollment. Specialty care is available with a referral approved for payment. No deductibles, no claim forms, no annual maximums! Keep in mind, there is no out-of-network coverage with a DHMO plan. Finding a DHMO network dentist is easy! Search online at **www.cigna.com** or call us for live customer service - 24/7 - at **1.800.CIGNA24** (1-800-244-6224).

#### **Balance freedom and savings with the CIGNA Dental PPO (DPPO)!**

As a DPPO customer, you may visit any licensed dentist, with no referrals required for specialty care. Choosing a CIGNA Core Network dentist (or specialist) will save you money on your dental bills because CIGNA Core Network dentists agree to offer discounts to CIGNA customers. And they cannot charge you more than their contracted rates for covered services. Finding a Core Network dentist is easy! Search online at **www.cigna.com** or call us for live customer service - 24/7 - at **1.800.CIGNA24** (1-800-244-6224).

#### **Vision Service Plan (VSP) Signature Plan:**

**VSP** is the largest vision care provider in the United States, with over 26,000 participating doctor locations. Visit **www.vsp.com** or call 1-800-877-7195 to locate a provider.

Inside this kit, you will find plan details, rates, payment options and enrollment forms for the *NCBC* Dental and Vision Care Plan options. Be sure to read the enclosed plan materials carefully before making a decision.

When you're ready to enroll, complete the enrollment form(s) for the coverage you want to have and use the enclosed envelope to return your form(s) to us. You must complete **separate enrollment forms** to enroll for both dental and vision coverage. You must also include **separate checks** for payment: each made payable to **"Dental Service Center"**. You can send your first quarterly payment, or your entire annual premium amount. **We must receive your enrollment form(s) and check(s) no later than June 8, 2012 for coverage to begin on July 1, 2012.**

*If you are requesting this kit after our initial open enrollment deadline, there are pro-rated rates and enrollment deadlines for the time you are requesting. Please see the rate sheet for details.*

Questions? Just call us toll-free at **1-888-293-4903, option 4**.

To your good health,

DENTAL SERVICE CENTER



# Important Information about Selecting a CIGNA Dental Plan

## Compare Plan features & Monthly Premiums!\*

### Cigna Dental Care (HMO)

#### Patient Charge Schedule W1-07

Minimize out-of-pocket expenses!

- Finding a Dental Care network dentist is easy: Call a representative at 1-800-CIGNA24 (1-800-244-6224) or use the dental office locator at [www.cigna.com](http://www.cigna.com)
- No claim forms to file
- No deductibles to meet, so your coverage starts right away.
- No Annual dollar maximums, so you don't have to postpone any treatment.
- Access to a large credentialed national network of independent dentists.
- Specialty care available, with a referral approved for payment.
- Out-of-network benefits are not available with the CIGNA Dental Care plan.

### CIGNA Dental PPO

Visit any licensed dentist!

- Finding a Core network dentist is easy: Call a representative at 1-800-CIGNA24 (1-800-244-6224) or use the dental office locator at [www.cigna.com](http://www.cigna.com)
- Save on out-of-pocket expenses for treatment when you visit general dentist or specialists in our large national PPO network. Or, visit any dentist of your choose.
- In-network or not, you'll be reimbursed for all or part of the cost for covered procedures up to your annual dollar maximum, after meeting your deductible.
- Out of pocket expenses will be higher when you visit a non-network dentist.
- Most network dentist file claim forms for members; members must file claims for out-of-network care.
- Fast, accurate, convenient claims processing.
- No referral necessary to see a specialist.

Monthly Rate*	CIGNA Dental Care (HMO)	CIGNA Dental PPO
Member Only	24.84	47.68
Member + One	47.85	83.74
Member + Family	67.52	136.39

**\*Monthly rates are for comparison only. Premiums are paid annually or quarterly. Please refer to the Rate sheet included.**



## More reasons to SMILE

### CIGNA Dental Care (HMO)

#### Sample Patient Charges W1-07

This *Overview* shows you a sampling of covered services and what you will pay with your CIGNA Dental Care Plan compared to what you would pay without coverage. If you choose this HMO coverage a complete Patient Charge Schedule will be mailed to you after your enrollment.

#### Key Highlights of the CIGNA Dental Care Plan

This plan offers coverage for a wide range of services at a cost savings. Coverage includes:

- Preventive care (cleanings, x-rays, and more)
- Basic Care (fillings, basic restorative work)
- Major services (bridges, crowns, root canals and more)
- NO waiting periods
- NO deductibles
- NO dollar maximums
- NO claim forms

Code	Procedure Description	What You'll Pay	
		With CIGNA Dental Care	Without Dental Coverage*
D1110	Prophylaxis Cleaning – Adult (Limit 1 every 6 months)	\$0	\$88
D0150	Comprehensive Oral Evaluation – New or Established Patient	\$0	\$77
D1203	Topical Fluoride Application – Child (Up to 19 <sup>th</sup> Birthday) (once in 6 months)	\$0	\$34
D0210	X-Rays – Complete Series (including bitewings) (Limit 1 every 3 years)	\$0	\$127
D1351	Sealant – Per Tooth	\$15	\$52
D2150	Amalgam – Two Surface, Primary or Permanent	\$21	\$146
D2330	Resin-Based Composite – One Surface, Anterior	\$21	\$148
D2160	Amalgam – Three Surfaces, Primary or Permanent	\$26	\$179
D2391	Resin-Based Composite – One Surface, Posterior	\$42	\$161
D3310	Anterior Root Canal (Permanent Tooth) (Excluding Final Restoration)	\$315	\$734
D3330	Molar Root Canal (Permanent Tooth) (Excluding Final Restoration)	\$505	\$1,066
D8080	Comprehensive Orthodontic Treatment of the Adolescent Dentition (Banding)	\$470	\$1308
D8660	Pre-Orthodontic Treatment Visit	\$61	\$153
D8670	Periodic Orthodontic Treatment Visit - Child (Up to 19 <sup>th</sup> Birthday) (As Part of Contract)- 24 months of active treatment	\$2304	\$4272
D8680	Orthodontic Retention (Removal of Appliances, Construction and Placement of Retainer(s))	\$345	\$586
D8999	Unspecified Orthodontic Procedure, By Report (Orthodontic Treatment Plan and Records)	\$175	\$290
D4341	Periodontal Scaling and Root Planing, Four or More Teeth or bounded Teeth Spacers per quadrant (Limit 4 Quadrants per Consecutive 12 months)	\$110	\$222
D4910	Periodontal Maintenance Cleaning (Limit of 2 Within the First 12 Months After Active Therapy)	\$78	\$135
D7210	Surgical Removal of Erupted Tooth – Removal of Bone and/or Section of Tooth	\$100	\$261
D7140	Extraction, Erupted Tooth or Exposed Root (Elevation and/or Forceps Removal)	\$50	\$149
D7240	Removal of Impacted Tooth – Completely Bony	\$220	\$465
D7241	Removal of Impacted Tooth – Completely Bony, Unusual Complications	\$220	\$548
D5214	Lower Partial Denture –Metal (Including Clasps, Rests and Teeth)	\$640	\$1,410
D2750	Crown – Porcelain Fused to High Noble Metal	\$460	\$1,061
D6750	Crown – Porcelain Fused to High Noble Metal	\$460	\$1038
D6240	Pontic – Porcelain Fused to High Noble Metal	\$460	\$1,025
<b>Grand Total</b>		<b>\$7,098</b>	<b>\$15,735</b>
<b>Total Savings with CIGNA Dental Care</b>		<b>\$8,637</b>	

\*Estimated cost without dental coverage are based on Connecticut General Life Insurance Company analysis on average charge for each dental procedure based on geographic distribution of CIGNA Dental Care membership and national claims analysis, prepared March 2012. Actual charges without dental coverage may differ from your area charges or local dentist's fees.



## CIGNA Dental PPO Benefit Summary

### Summary of Benefits

All deductibles, plan maximums, and service specific maximums (dollar and occurrence) cross-accumulate between in and out of network.

<b>Benefits</b>	<b>In-Network</b>		<b>Out-of-network</b>	
<b>Plan Year Maximum</b> (Class I, II and III expenses)	<b>\$1,500 per person</b>		<b>\$1,500 per person</b>	
<b>Annual Deductible</b> Individual Family	<b>\$50 per person</b> <b>\$150 per family</b>		<b>\$50 per person</b> <b>\$150 per family</b>	
<b>Reimbursement Levels**</b>	Based on Reduced Contracted Fees		Based on Contracted Fee Schedule. Dentist may balance bill up to usual fees.	
	<b>Plan Pays</b>	<b>You Pay</b>	<b>Plan Pays</b>	<b>You Pay</b>
<b>Class I – Preventive &amp; Diagnostic Care</b> Oral Exams (1 every 6 months) Routine Prophylaxis Cleanings (1 every 6 months)* Bitewing X-rays Fluoride Applications Sealants Space Maintainers (limited to non-orthodontic treatment)	<b>100%</b>  <b>No Deductible</b>	<b>No charge</b>	<b>80%</b>  <b>No Deductible</b>	<b>20%</b>
<b>Class II – Basic Restorative Care</b> Fillings Full Mouth X-rays Panoramic X-rays Emergency Care to Relieve Pain Oral Surgery – Simple Extractions	<b>80%</b>	<b>20%</b>	<b>50%</b>	<b>50%</b>
<b>Class III – Major Restorative Care</b> Root Canal Therapy Osseous Surgery Surgical Extraction of Impacted Teeth Oral Surgery – all except simple extractions Crowns Core Build-Up Dentures Denture Adjustments and Repairs Bridges Histopathologic Exams Periodontal Scaling and Root Planning Periodontal Maintenance (Cleaning 1 every 6 months after active Periodontal therapy)* Anesthetics Repairs to Bridges, Crowns and Inlays	<b>50%</b>	<b>50%</b>	<b>50%</b>	<b>50%</b>
<b>Class IV – Orthodontia</b>	<b>Not covered</b>		<b>Not covered</b>	
<b>Missing Tooth Provision</b>	The amount payable is 50% of the amount otherwise payable until insured for 24 months; thereafter, considered a Class III expense.			

Pretreatment review is available on a voluntary basis when extensive dental work in excess of \$500 is proposed. \*Cleanings Prophylaxis or Periodontal one every 6 consecutive months. \*\*For services provided by CIGNA Dental PPO network dentist, CIGNA Dental will reimburse the dentist according to a Contracted Fee Schedule. For services provided by an out-of-network dentist, CIGNA Dental will reimburse according to the Contracted Fee Schedule but the dentist may balance bill up to their usual fees.

**To Locate a CIGNA Dentist, visit their web site [www.cigna.com](http://www.cigna.com) or call 1-800-CIGNA24 (1-800-244-6224)**

## **Cigna Dental PPO / Indemnity Exclusions and Limitations:**

### **Procedure Exclusions & Limitations**

Exams 1 per 6-month consecutive period.

Prophylaxis (Cleanings) 1 routine prophylaxis or perio maintenance procedure per 6-month consecutive period

Fluoride Treatments 1 per consecutive 12 months for participants younger than age 14

X-rays (routine) Bitewings: 1 set in any consecutive 12 month period. Limited to a maximum of 4 films per set

X-rays (non-routine) Full mouth or Panorex: 1 per 60 consecutive months.

Periapical x-rays: 4 in 12 consecutive months if not performed in conjunction with an operative procedure

Intraoral occlusal x-rays: 2 in 12 consecutive months.

Models Not covered.

Fillings 1 per tooth per 12 consecutive months (applies to replacement of identical surface fillings only). No white-colored fillings on bicuspid or molar teeth.

Sealants 1 treatment per tooth per lifetime up to age 14. Payable on unrestored permanent bicuspid or molar teeth only

Minor Perio (non-surgical) Root planing-1 per quadrant per 36 consecutive months.

Perio Surgery 1 per 36 consecutive months per area of the mouth (same service).

Crowns and Inlays Replacement limited to 1 per 84 consecutive months. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth-colored material on molar crowns or bridges. Replacement must be indicated by major decay. For participants younger than age 16, benefits are limited to resin or stainless steel.

Stainless Steel & Resin Crowns 1 per 36 consecutive months for participants younger than age 16

Prosthesis Over Implants 1 per 84 consecutive months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals

No porcelain or white/tooth colored material on molar crowns or bridges

Bridges Replacement limited to 1 per 84 consecutive months, if unserviceable and cannot be repaired. Benefits are based on the amount

payable for non-precious metals. No porcelain or white/tooth-colored material on molar crowns or bridges

Dentures and Partials Replacement limited to 1 per 84 consecutive months, if unserviceable and cannot be repaired

Relines, Rebases Covered if more than 12 months after installation; 1 per 36 consecutive months.

Adjustments Covered if more than 12 months after installation; 1 per 12 consecutive months.

Repairs - Bridges Covered if more than 12 months after installation.

Repairs - Dentures Covered if more than 12 months after installation.

Endodontics Root canal re-treatment 1 per 24 consecutive months, if necessity demonstrated.

Alternate Benefits When more than one covered Dental Service could provide suitable treatment based on common dental standards, Cigna HealthCare will determine the covered Dental Service on which payment will be based and the expenses that will be included as Covered Expenses

### **Benefit Exclusions:**

\* Services performed primarily for cosmetic reasons; Replacement of a lost or stolen appliance

\* Initial placement of a full or partial denture unless it includes the replacement of a functioning natural tooth extracted while the person is covered under this plan; removal of only a permanent third molar will not qualify for an initial or replacement denture or bridge

\* Overdentures, personalization, precision or semi-precision attachments;

\* Replacement of a bridge, denture or crown within 84 months following its initial date of insertion

\* Replacement of a bridge, denture or crown which can be made useable according to dental standards

\* Procedures, appliances or restorations, other than full dentures, whose main purpose is to change vertical dimension, diagnose or treat conditions of TMJ, stabilize periodontally involved teeth, or restore occlusion, the restoration of teeth which have been damaged by erosion, attrition or abrasion; bite registration; or bite analysis;

\* Veneers of porcelain or acrylic materials on crowns or pontics on or replacing the upper and lower first, second and third molars

\* Core buildup, labial veneers; Precious or semi-precious metals for crowns, bridges, pontics and abutments; crowns and bridges other than stainless steel or resin for participants under 16 years old;

\* Bite registrations; precision or semi-precision attachments; splinting; Surgical implant of any type

\* Instruction for plaque control, oral hygiene and diet;

\* Dental services that do not meet common dental standards; Services that are deemed to be medical services;

\* Services and supplies received from a hospital;

\* Procedures for which a charge would not have been made in the absence of coverage, for which the person is not legally required to pay

\* Charges made by a hospital which performs services for the U.S. Government if the charges are directly related to a condition connected to a military service;

\* Experimental or investigational procedures and treatments; Procedures which are not necessary and which do not have uniform professional endorsement;

\* Any injury resulting from, or in the course of, any employment for wage or profit; Any sickness covered under any workers' compensation or similar law

\* Charges in excess of the reasonable and customary allowances

\* IV sedation or general anesthesia, except when medically or dentally necessary and when in conjunction with covered complex oral surgery

\* Fees charged for broken appointments, claim form submission or sterilization;

\* Services not included in the list of covered dental expenses, unless Cigna HealthCare agrees to accept such expense as a covered dental expense in which case payment will be made consistent with similar services which would provide the least expensive professionally satisfactory result

\* Crowns, inlays, cast restorations, or other laboratory prepared restorations on teeth unless the tooth cannot be restored with an amalgam or composite resin filling due to major decay or fracture; Replacement of teeth beyond the normal complement of 32

\* Prescription drugs; Athletic mouth guards; Myofunctional therapy

\* Charges for travel time; transportation costs; or professional advice given on the phone;

\* Procedures performed by a Dentist who is a member of the covered person's family (covered person's family is limited to a spouse, siblings, parents children, grandparents, and the spouse's siblings and parents)

\* Any procedure, service, or supply which may not reasonably be expected to successfully correct the covered person's dental condition for a period of at least three years, as determined by Cigna HealthCare; Temporary, transitional or interim dental services; Diagnostic casts, diagnostic models, or study models

\* Any charge for any treatment performed outside of the United States other than for Emergency Treatment (any benefits for Emergency Treatment which is performed outside of the United States will be limited to a maximum of (\$100.00-\$200.00) per 12 consecutive month period)

\* Procedures that are a covered expense under any other medical plan which provides group hospital, surgical, or medical benefits whether or not on an insured basis;

\* Any charges, including ancillary charges, made by hospital, ambulatory surgical center or similar facility

\* To the extent that payment is unlawful where the person resides when the expenses are incurred

\* For charges which would not have been made if the person had no insurance; For charges for unnecessary care, treatment or surgery

\* To the extent that you or any of your Dependents is in any way paid or entitled to payment for those expenses by or through a public program, other than Medicaid;

\* To the extent that benefits are paid or payable for those expenses under the mandatory part of any auto insurance policy written to comply with a "no-fault" insurance law or an uninsured motorist insurance law. Cigna HealthCare will take into account any adjustment option chosen under such part by you or any one of your Dependents.

\* Services or supplies received as a result of dental disease, defect or injury due to an act of war, declared or undeclared;

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All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Cigna HealthCare of Connecticut, Inc., and Cigna Dental Health, Inc. and its subsidiaries.

*Prepared by Underwriting.*

Cigna Core Network (P0002 / NS001 DNSP) 03/04/2012 02:13 PM



## Your VSP Vision Benefits Summary

Why enroll in a VSP® Vision Care plan? We'll help keep you and your eyes healthy. Plus, you'll get a great value on your eyecare and eyewear.

You'll like what you see with VSP.

**Value and Savings.** You'll get great benefits on your exam and eyewear at an affordable price.

**Personalized Care.** You'll get quality care that focuses on your eyes and overall wellness with a WellVision Exam® from a VSP doctor. They'll look for vision problems and signs of other health conditions.

When you see a VSP doctor, you'll get the most out of your benefit and have lower out-of-pocket costs. Plus, you'll be 100% happy with your eyecare and eyewear from a VSP doctor or we'll make it right.

**Eyewear.** Choose the eyewear that's right for you and your budget. From classic styles to the latest designer fashions, you'll find hundreds of options for you and your family.

**Choice of Providers.** With open access to see any eyecare provider, you can see the one who's right for you. Choose a VSP doctor or any other provider. To find a VSP doctor, visit [vsp.com](http://vsp.com) or call 800.877.7195.

Enroll today. You'll be glad you did.

Once your plan is effective, register on [vsp.com](http://vsp.com) to view a complete description of your benefits. To use your vision coverage, simply tell your eyecare provider that you have VSP. No ID card is necessary.

Contact us. [vsp.com](http://vsp.com) | 800.877.7195



NCBC and VSP provide you with an affordable eyecare plan. Sign up for VSP today.

Doctor Network.....VSP Signature

### Your Coverage with a VSP Doctor

**WellVision Exam®** focuses on your eye health and overall wellness

- \$20 copay..... every 12 months

**Prescription Glasses**

- \$25 copay

Lenses..... every 12 months

- Single vision, lined bifocal, and lined trifocal lenses
- Polycarbonate lenses for dependent children

Frame..... every 24 months

- \$120.00 allowance for a wide selection of frames
- 20% off the amount over your allowance

~OR~

**Contact Lens Care**

- No copay ..... every 12 months

\$120.00 allowance for contacts and the contact lens exam (fitting and evaluation). If you choose contact lenses you will be eligible for a frame 12 months from the date the contact lenses were obtained.

Current soft contact lens wearers may qualify for a special program that includes a contact lens exam and initial supply of lenses.

### Extra Discounts and Savings

**Glasses and Sunglasses**

- Average 35 - 40% savings on all non-covered lens options
- 30% off additional glasses and sunglasses, including lens options, from the same VSP doctor on the same day as your WellVision Exam. Or get 20% off from any VSP doctor within 12 months of your last WellVision Exam

**Contacts**

- 15% off cost of contact lens exam (fitting and evaluation)

**Laser Vision Correction**

- Average 15% off the regular price or 5% off the promotional price. Discounts only available from contracted facilities.
- After surgery, use your frame allowance (if eligible) for sunglasses from any VSP doctor

### Monthly Rates Shown for Comparison Only

Employee Only .....	\$14.32
Employee + One Dependent .....	\$22.88
Employee + Family .....	\$33.58

### Your Coverage with Other Providers

Visit [vsp.com](http://vsp.com) for details, if you plan to see a provider other than a VSP doctor.

Exam .....	Up to \$50.00
Single vision lenses .....	Up to \$50.00
Lined bifocal lenses .....	Up to \$75.00
Lined trifocal lenses .....	Up to \$100.00
Frame .....	Up to \$70.00
Contacts .....	Up to \$105.00

VSP guarantees service from VSP doctors only. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail.



NCBC



## DENTAL and VISION CARE PLAN RATES

You must enroll for the full plan year through June 30, 2013

Send your completed enrollment form(s) and separate check(s) by June 8, 2012

- Child must be under the age of 26 and student verification is no longer required.
- Rates are payable **annually** by full payment or **quarterly** by automatic checking or savings account deductions (ACH). **Any** returned Check or ACH is subject to a \$20.00 fee (See agreement below).
- **When quarterly automatic deductions are elected, the first quarterly payment for each coverage plan selected must be made with a separate check (payable to the Dental Service Center) submitted with each signed enrollment form.**
- To cancel coverage, **written notice** must be received by the Dental Service Center no later than the 5<sup>th</sup> of the month prior to the month the coverage will terminate. Once canceled, coverage under these plan options cannot be reinstated for **2 years**.

<b>CIGNA Dental HMO W1-07</b>	No dental offices in the following states: AK, DE, HI, ID ,ME, MT, ND, NH, NM, PR, RI, SD, VT, WV, WY		
	<b>Payment Options:</b>	<b>Quarterly</b>	<b>Annual</b>
	Member Only	\$74.52	\$298.08
	Member + One	\$143.55	\$574.20
	Member + Family	\$202.56	\$810.24

<b>CIGNA Dental Preferred Provider Option (PPO) Core Network</b>	<b>Available in all states.</b> NOTE: The \$50 deductible and \$1,500 maximum is based on the plan year.		
	<b>Payment Options:</b>	<b>Quarterly</b>	<b>Annual</b>
	Member Only	\$143.04	\$572.16
	Member + One	\$251.22	\$1004.88
	Member + Family	\$409.17	\$1636.68

<b>VSP Vision Care Plan Signature Plan</b>	<b>Available in all states.</b>		
	<b>Payment Options:</b>	<b>Quarterly</b>	<b>Annual</b>
	Member Only	\$42.96	\$171.84
	Member + One	\$68.64	\$274.56
	Member + Family	\$100.74	\$402.93

Authorization Agreement for Quarterly Automatic Checking or savings Account Deductions – By enrolling in any of the dental or vision care plans above, I indicate the following:

- I have a checking account at the financial institution named on the enclosed check and, for all debit entries, shall have funds sufficient to pay such entries. Electronic debit entries shall be initiated by Dental Service Center to pay dental and/or vision plan costs and other charges for the coverage plans selected and the entries shall constitute my receipt for the transaction (s).
- No payment to Dental Service Center shall be deemed to have been made unless and until Dental Service Center received actual credit. I also understand that if corrections of the entry are necessary, it may involve an adjustment to my account.
- **I understand my direct electronic payment of the premium due will be debited on or about the 5<sup>th</sup> day of each month prior to the following calendar quarter for which premium is due. (For example the April-May-June quarterly premium will be deducted from my account on the 5<sup>th</sup> of March.)**
- Dental Service Center reserves the right to refund or terminate electronic payment services. This agreement is to remain in effect until Dental Service Center terminates it or receives written notification from the enrollee to terminate participation in the plan and Dental Service Center has sufficient time to act upon the request.

# National Conference of Bankruptcy Clerks (NCBC)

## DENTAL PLAN

SELECT THE PLAN THAT'S RIGHT FOR YOU

PLEASE PRINT

1.  CIGNA DHMO *Please choose a dental office from the website [www.cigna.com](http://www.cigna.com) or 1-800-244-6224. Dental Office Code No. \_\_\_\_\_*

CIGNA PPO

2. I am enrolling:     Myself only     Myself + One     Myself + Family

LIST ONLY THE MEMBERS WHO ARE TO BE INSURED BELOW

Name: Last	First	Middle Initial	Social Security No.:
Address:			
City	State		Zip
Telephone	Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female	

Spouse: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		

If more children, enclose information on a separate sheet of paper. **Child must be under the age of 26.**

Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		
Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		
Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		

### 3. PAYMENT OPTION – SEPARATE CHECKS REQUIRED FOR EACH ENROLLMENT FORM

**Annual Check** – Enclosed is my annual payment made payable to: **Dental Service Center**

**Quarterly Automatic Deduction**—Enclosed is my check to cover the first quarter's premium for the option I selected above. I authorize Dental Service Center to deduct subsequent quarterly payments from my checking account referenced on the enclosed check. I have read and agree to the Authorization Agreement enclosed in this kit. **I understand future deductions will be taken the 5<sup>th</sup> of each month prior to the following calendar quarter for which premiums is due. (For example the October, November, December quarterly premium will be taken on the 5<sup>th</sup> of September.)**

\_\_\_\_\_  
Authorized Signature for Automatic Deductions

\_\_\_\_\_  
Date

4. I accept the coverage/insurance benefits provided by this group dental plan and authorize the processing of my enrollment in the dental coverage as indicated on this form. I authorize any participating dental office to release dental records and billing information to CIGNA Dental Health for purposes of plan administration.

5. I understand that if I cancel this coverage, I must do so in **writing** and submit it by the 5<sup>th</sup> of the month prior to the effective cancellation month date. I must wait **2 years** before I can re-enroll.

\_\_\_\_\_  
Authorized Signature

\_\_\_\_\_  
Date

DENTAL SERVICE CENTER  
P. O. Box 3907, Gardena CA 90247-7599  
Telephone (888) 293-4903



# National Conference of Bankruptcy Clerks (NCBC)

## VISION CARE PLAN

SELECT THE COVERAGE TYPE THAT'S RIGHT FOR YOU

PLEASE PRINT

1. I am enrolling:     Myself only             Myself + One             Myself + Family

**LIST ONLY THE MEMBERS WHO ARE TO BE INSURED BELOW**

Name: Last	First	Middle Initial	Social Security No.:
Address:			
City	State		Zip
Telephone	Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female	

Spouse: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		

If more children, enclose information on a separate sheet of paper. **Child must be under the age of 26.**

Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		
Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		
Child: Last	First	Middle Initial	Social Security No.:
Date of Birth	<input type="checkbox"/> Male <input type="checkbox"/> Female		

**2. PAYMENT OPTION - SEPARATE CHECKS REQUIRED FOR EACH ENROLLMENT FORM**

- Annual Check** – Enclosed is my annual payment made payable to: **Dental Service Center**
- Quarterly Automatic Deduction**—I have enclosed a payment for the first quarter and I authorize Dental Service Center to deduct subsequent quarterly payments from my checking account referenced on the enclosed check. I have read and agree to the Authorization Agreement enclosed in this kit. **I understand future deductions will be taken on the 5<sup>th</sup> of each month prior to the following calendar quarter for which premium is due. (For example October, November, December quarterly premium will be taken on the 5<sup>th</sup> of September.)**

\_\_\_\_\_

Authorized Signature for Automatic Deductions Date

3. I accept the coverage/insurance benefits provided by this group vision plan and authorize the processing of my enrollment in the vision plan. I authorize any participating vision office to release vision records and billing information to VSP for purposes of plan administration.

4. I understand that if I cancel this coverage, I must do so in **writing** and submit it by the 5<sup>th</sup> of the month prior to the effective cancellation month date. I must wait **2 years** before I can re-enroll.

\_\_\_\_\_

Authorized Signature Date

DENTAL SERVICE CENTER  
P. O. Box 3907, Gardena CA 90247-7599  
Telephone (888) 293-4903